



AYURVEDIC ASTROLOGY:

Understanding the tri-doshas (vata -pitta -kapha) in detail and understanding its Astrological links to each planet .

Ayurvedic astrology combines the principles of Ayurveda and Vedic astrology to understand the body's constitution and its connection to celestial bodies. Here's a detailed look at the tri-doshas and their astrological links:

Tri-Doshas:

1. Vata (Air and Ether):

- **Characteristics:** Mobile, cold, light, dry, rough, clear, and subtle.
- **Functions:** Governs movement, circulation, respiration, nervous system, and creativity.
- **Astrological Link:** Associated with **Saturn, Mercury** and **Rahu**.

2. Pitta (Fire and Water):

- **Characteristics:** Hot, sharp, light, oily, liquid, and spreading.
- **Functions:** Governs digestion, metabolism, intellect, vision, body temperature, and courage.
- **Astrological Link:** Associated with **Mars** and **Sun and ketu**.

3. Kapha (Earth and Water):

- **Characteristics:** Cold, oily, smooth, heavy, static, hard, liquid, dense, dull, cloudy, and gross.
- **Functions:** Governs fluid balance, secretions, binding, growth, patience, compassion, and understanding.
- **Astrological Link:** Associated with **Jupiter, Venus** and **Moon**.

Understanding the Links:

- **Saturn (Vata):** Saturn's influence is linked to the qualities of Vata, such as discipline, responsibility, and structure.
- **Mars (Pitta):** Mars' influence is linked to the qualities of Pitta, such as drive, action, and desire.

- **Jupiter (Kapha):** Jupiter's influence is linked to the qualities of Kapha, such as growth, optimism, and nurturing.
- **Sun (Pitta):** The Sun's influence is linked to the qualities of Pitta, such as vitality, energy, and leadership.
- **Moon (Kapha):** The Moon's influence is linked to the qualities of Kapha, such as emotions, intuition, and nurturing.
- **Rahu (Vata):** Rahu's influence is linked to the qualities of Vata, such as movement, change, and unpredictability

Astronomy , rules of Astrology (Lagna , degree and Drishti), Solar system , development of Birth chart (Lagna chart) , Ayurvedic Analysis of body , emotions , feelings and relationship charts .

REMEDIES

-FOOD, HERBS, CONCONTIONS, AYURVEDIC LIFESTYE BASED SCIENTIFIC AND PRACTICAL REMEDIES.

-YOGA - ASANA, PRANAYAMA , MUDRA , BANDHA AND MANTRA BASED REMEDIES FOR ASTROLOGICAL PLANET BALANCING .

-KARMIC AND KARMA BASED BEHAVORIAL REMEDIES

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